

**CHAPEL HAVEN SCHLEIFER CENTER**

**SAIL IN-PERSON REC CALENDAR**

**FOR THE MONTH OF: NOVEMBER 2020**

<u>Activity #</u>	<u>Date</u>	<u>Activity</u>	<u>From</u>	<u>To</u>	<u>Activity Fee</u>	<u>Ticket Fee</u>	<u>Notes</u>
S#1	November 2nd	<b>Mindfulness Monday</b> Join your friends for some meditation & set some goals for this month. How can you be mindful to keep them?	8PM	9PM	\$10		
RS#2	November 3rd	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#3	November 4th	<b>Wise Wednesday</b> Join your friends to learn all about movies. Snack provided	8PM	9PM	\$10		
S#4	November 5th	<b>Hangman</b> Join your friends to play a fun game of hangman. Snack provided	8PM	9PM	\$10		
RS#5	November 6th	<b>Karaoke</b> Join your friends & sing your favorite 90's song. Snack provided	7PM	9PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#6	November 7th	<b>Walk Westville</b> Lace up your sneakers for a morning walk around Westville with your friends. Bring your own water bottle, snack provided	10AM	12PM	\$10		
S#7	November 7th	<b>Lawn Games</b> Join your friends for an afternoon of lawn games like giant jenga, corn hole & more. Bring your own water bottle, snack provided	1PM	3PM	\$10		
S#8	November 8th	<b>Sunday Steps</b> Join your friends to participate in a fun obstacle course around campus. Bring your own water bottle, snack provided	10AM	12PM	\$10		

S#9	November 8th	<b>Afternoon in Edgewood Park</b> Join your friends for a fun afternoon of games in the park. Bring your own water bottle, snack provided	1PM	3PM	\$10		
S#10	November 9th	<b>Mindfulness Monday</b> Join your friends for some meditation & learn to be mindful of habits. Good vs. Bad	8PM	9PM	\$10		
RS#11	November 10th	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#12	November 11th	<b>Wise Wednesday</b> Join your friends to learn all about technology etiquette	8PM	9PM	\$10		
S#13	November 12th	<b>Arts &amp; Crafts</b> Join your friends to get crafty & decorate your mask. Bring your own water bottle, snack provided	8PM	9PM	\$10		
RS#14	November 13th	<b>MASKquerade</b> Join your friends with your newly decorated mask for a night of dancing	7PM	9PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#15	November 14th	<b>Board Games</b> Join your friends for a morning of board games. Bring your own water bottle, snack provided	10AM	12PM	\$10		
S#16	November 14th	<b>Hike at Lake Wintergreen</b> Go for an afternoon hike with your friends. Wear sneakers & bring your own water bottle, snack provided	1PM	3PM	\$20		
S#17	November 15th	<b>Morning Stroll &amp; Brunch to go</b> Go for a morning stroll with your friends & get brunch to go from Lena's Café	10AM	12PM	\$12		

S#18	November 15th	<b>Sunday Snacks</b> Join your friends to learn how to make overnight oats. Bring your own water bottle	1PM	3PM	\$10		
S#19	November 16th	<b>Mindfulness Monday</b> Join your friends for some meditation & to mindful of sleep. Do you get enough sleep? What are some ways to get a better nights sleep?	8PM	9PM	\$10		
RS#20	November 17th	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#21	November 18th	<b>Wise Wednesday</b> Join your friends to learn all about animals. Bring your own water bottle, snack provided	8PM	9PM	\$10		
S#22	November 19th	<b>Charades</b> Join your friends for a fun night of playing charades. Bring your own water bottle, snack provided	8PM	9PM	\$10		
RS#23	November 20th	<b>Movie + Take Out Night</b> Join your friends for dinner from a local spot & watch Dr. Seuss's "The Cat in the Hat" Bring your own water bottle	5:30PM	9:30PM	\$10	\$15	Activity in Outreach, all clients MUST wear a mask
S#24	November 21st	<b>Hike at West Rock</b> Enjoy a morning hike with your friends. Wear sneakers, bring your own water bottle. Eat lunch after, snack provided	10AM	12PM	\$20		
S#25	November 21st	<b>Arts &amp; Crafts</b> Join your friends to get crafty. Bring your own water bottle, snack provided	3PM	5PM	\$12		
S#26	November 22nd	<b>MEW Haven Cat Café</b> Join your friends & the furry felines for a morning playdate. Bring your own water bottle, snack provided	10:45AM	12PM	\$10	\$20	

S#27	November 22nd	<b>Magic of Disney's Animal Kingdom</b> Join your friends for an afternoon in Disney's Animal Kingdom. Bring your own water bottle, snack provided	3PM	5PM	\$10		
S#28	November 23rd	<b>Mindfulness Monday</b> Join your friends for some meditation & to learn more about gratitude. Bring a water bottle, snack provided	8PM	9PM	\$10		
RS#29	November 24th	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#30	November 25th	<b>Wise Wednesday</b> Join your friends to learn more about music. Bring your own water bottle, snack provided	8PM	9PM	\$10		
RS#31	November 27th	<b>Open Mic Night</b> Join your friends for a night of performances. Sing a song, do a dance, play an instrument, the mic is yours. Bring your own water bottle, snack provided	7PM	9PM	\$10		Activity in Outreach, all clients MUST wear a mask
S#32	November 28th	<b>Bingo</b> Join your friends for an afternoon of Bingo. Prizes awarded. Bring your own water bottle, snack provided	1PM	3PM	\$10		
S#33	November 28th	<b>Minute to Win It</b> Join your friends for some fun games. Challenge yourself to complete them in a minute. Bring your own water bottle, snack provided	7PM	8PM	\$10		
S#34	November 29th	<b>Rise &amp; Shine Yoga</b> Start your day off right with a morning session of yoga. Bring your own water bottle, fresh fruit snack provided	10AM	12PM	\$10		

S#35	November 29th	<b>SOCT FIT</b> Join your friends to learn easy at home work outs & get motivated from other SOCT athletes	3PM	4PM	\$10		
S#36	November 30th	<b>Mindfulness Monday</b> Join your friends for some meditation & conversation about stress. Bring your own water bottle, snack provided	8PM	9PM	\$10		